



## Back in the Saddle

- Are you fearful of riding again after a fall?
- Are you hesitant to ride after many years out of the saddle?
- Have you always wanted to try a “real horse” after riding ponies as a child but have never quite gotten up the courage?
- Are you able-bodied rider over 14 years of age who needs a little extra help or encouragement?

**Consider coming to TROT and working with our experienced staff. At one time or another, all of us have special needs; just let us know how we can help you experience the joy of horses once again.**

- **Gentle, patient and experienced therapeutic riding horses**
- **Lessons individualized to needs of the participant**
- **Full team of helpers if needed or desired**
- **Progression of lessons paced to needs of rider**
- **Relaxed, quiet, no-stress environment**



It's time to get Back in the Saddle with TROT!



**Cost \$50 per session**

For more information call Mary Vardi, Director of Instruction, at 749-2360.

